



Walk Across Arkansas Registration

Thank You for a Great Fall Walk Across Arkansas!

Spring Session Begins March 16, 2020

Walk Across Arkansas is an eight-week team-based physical activity program. Teams of three to eight set physical activity goals and support each other to meet them through a friendly competition. Results from the fall 2019 Walk Across Arkansas show a measurable increase in participants' physical activity levels. Getting active can reduce your risk of cancer, diabetes, heart disease, and stroke. Increase your chances of success as we walk – and move - towards a healthier life.

[Sign Up](#)



Visit walk.uaex.edu

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Click on "Sign Up"



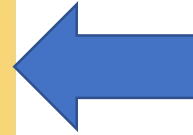
Sign Up

Registration Form for Walk Across Arkansas Spring 2020

March 16, 2020 - May 10, 2020

Registration opens on March 2, 2020

Please fill out your information below to register for Walk Across Arkansas Spring 2020



Tell Us How to Reach You

First Name:	Last Name:	Email:
<input type="text"/>	<input type="text"/>	<input type="text"/>
Address Line 1:	Address Line 2:	City:
<input type="text"/>	<input type="text"/>	<input type="text"/>
State:	Zip:	County:
<input type="text"/>	<input type="text"/>	<input type="text"/>
Phone:		
<input type="text"/>		

Tell Us About Yourself and Your Goals

Age:

18 and under 19-29 30-39 40-49 50-59 60-69 70-79 80-89 90+

Race: Gender: Are you an Extension employee?

Fill out the
Registration Form

Scroll down to fill out the entire form

Create Your Account

Required. 150 characters or fewer. Letters, digits and @/./+/-/_ only.

Your password can't be too similar to your other personal information.
Your password must contain at least 8 characters.
Your password can't be a commonly used password.
Your password can't be entirely numeric.



Username:

Password:

Password confirmation:

The University of Arkansas System Division of Agriculture offers all its Extension and Research programs and services without regard to race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.

Create a
Username and Password.



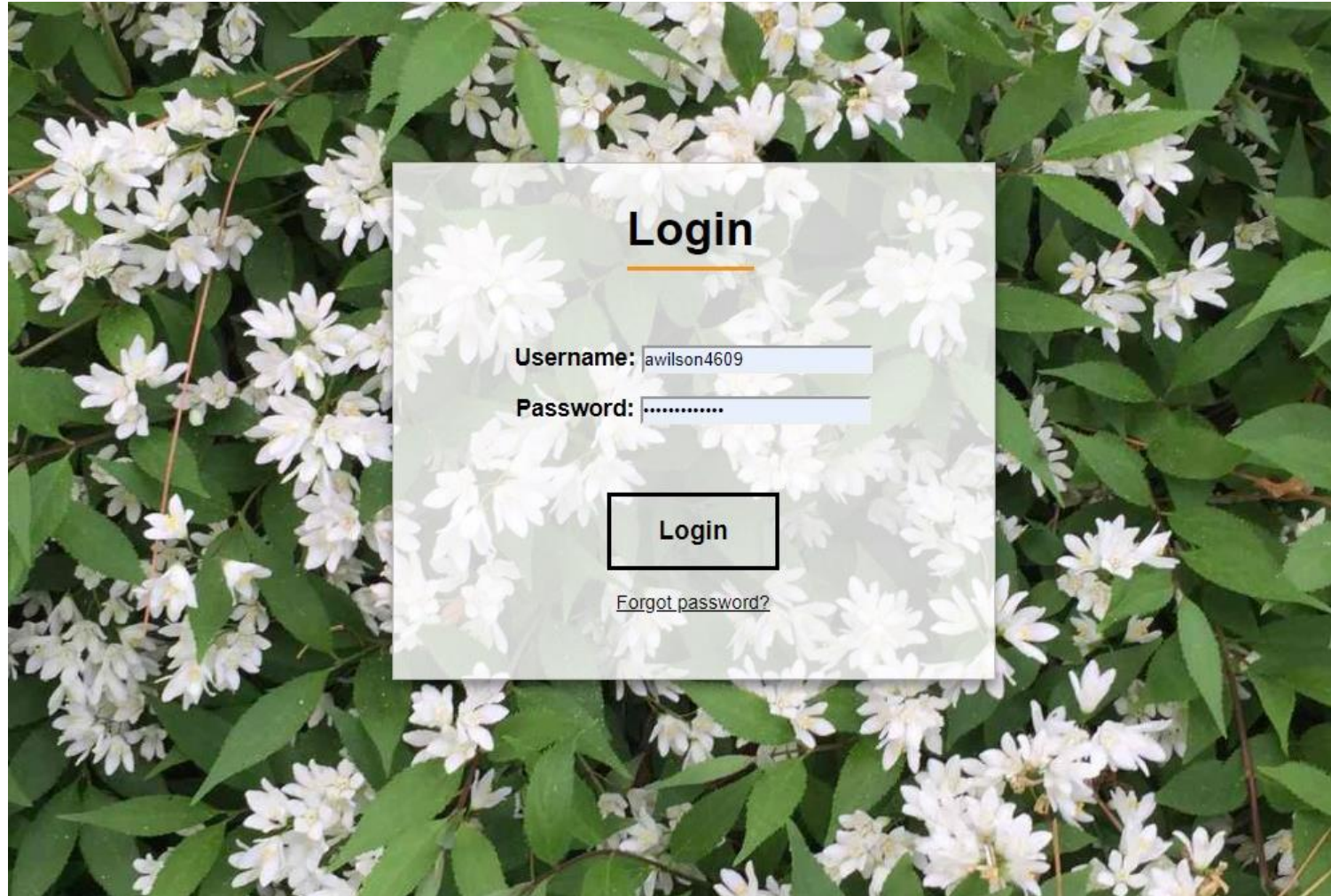
Now **Login** on the Homepage

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Enter your
Username &
Password

Profile

walk.uaex.edu/walk/profile/

Walk Across Arkansas

Home Success Tips Scoreboard Contact Us Awilson4609 Logout

Profile

User: awilson4609
Email: [REDACTED]
Address: 2301 South University
City: Little Rock
State: AR
Zipcode: 72204
Phone: 5016712027

Update Information
Update Password

Team

Create Team Join Team

Welcome to your Profile

The image shows a web browser window with the URL `walk.uaex.edu/walk/profile/`. The page has a yellow header with a logo on the left and navigation links: Home, Success Tips, Scoreboard, Contact Us, Awilson4609, and Logout. The main content area is divided into two sections: 'Profile' and 'Team'. The 'Profile' section lists user details: User: awilson4609, Email: [redacted], Address: 2301 South University, City: Little Rock, State: AR, Zipcode: 72204, and Phone: 5016712027. Below this list are two buttons: 'Update Information' and 'Update Password', which are circled in red. The 'Team' section contains two buttons: 'Create Team' and 'Join Team'.

Update your Information & Password

Profile

User: awilson4609

Email: [Redacted]

Address: 2301 South University

City: Little Rock

State: AR

Zipcode: 72204

Phone: 5016712027

Account Information

Update Password

Team

Create Team

Join Team

Click Here to **Join a Team**



Join a Team!

ARSEHC WHISTLE STOP [Join](#)

Sisco Lady's [Join](#)

Living Well on the Prairie [Join](#)

Pulaski Pacers [Join](#)

Healthy Head Starters [Join](#)

Grant County Reshapers [Join](#)

Chunky Monkeys [Join](#)

Find your team and **click "Join"**



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ARSEHC WHISTLE STOP

[Join](#)

Sisco Lady's

[Join](#)

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[Join](#)

Healthy Head Starters

[Join](#)

Grant County Reshapers

[Join](#)

Chunky Monkeys

[Join](#)

If you can not find your team **contact** your team captain to create your team.

Profile

User: awilson4609

Email: [Redacted]

Address: 2301 South University

City: Little Rock

State: AR

Zipcode: 72204

Phone: 5016712027

Account Information

Update Password

Team

Create Team

Join Team

Click Here to **Create a Team**



Create Your Team!

Name:

Type: ▼

Create your “Team Name”



Create Your Team!

Name:

Type: ▼

- Youth
- Adult

Select your **Team Type** : Youth or Adult



Congratulations You are now registered.

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