



### Walk Across Arkansas – Team Captain’s Log

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|---------------|
| Team Name:    |
| Captain Name: |

**Directions:**

- Record your team members’ total weekly minutes
- When Walk Across Arkansas is over, total the minutes walked for weeks 1 through 8 and write the totals for your team in the space provided

| Member Names                              | Week<br>1 | Week<br>2 | Week<br>3 | Week<br>4 | Week<br>5 | Week<br>6 | Week<br>7 | Week<br>8 |
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| <b>Weekly Total Minutes<br/>Exercised</b> |           |           |           |           |           |           |           |           |

8 Week Team Total of Minutes Exercised \_\_\_\_\_